



Aussie Active Desks^{P/L}

Quality, affordable and height adjustable sit-to-stand desks for Primary and Secondary School students and teachers



FACT

Our Aussie kids spend approximately 60% of the school day sitting yet the National Physical Activity and Sedentary Behaviour Guidelines recommend that children not be sedentary, restrained or kept inactive for more than one hour at a time in waking hours!

PROBLEM

Prolonged sitting negatively impacts learning and health!



DECREASED:

- Blood circulation including O₂ to the brain
- Calorie burning
- Attention, concentration and focus
- Productivity



INCREASED:

- Blood pressure
- Risk of cardiovascular disease, Type 2 diabetes
- Risk of overweight & obesity
- Number of musculo-skeletal conditions
- Risk of misbehaviour
- Tiredness and lethargy

SOLUTION

Make classrooms more activity permissive with height adjustable sit-to-stand desks!

Introducing Aussie Active Desks!



BENEFITS

- Engagement
- Health and wellbeing
- Positive behaviour
- Collaboration & innovation
- Student choice
- Culture promoting learning



DISCOUNTS ON ALL ORDERS OF 20 DESKS OR MORE!
Contact us for a quote today
Aussie Active Desks



Contact the Aussie Active Desks Team on 0437 146 103 or email admin@aussieactivedesks.com.au

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