



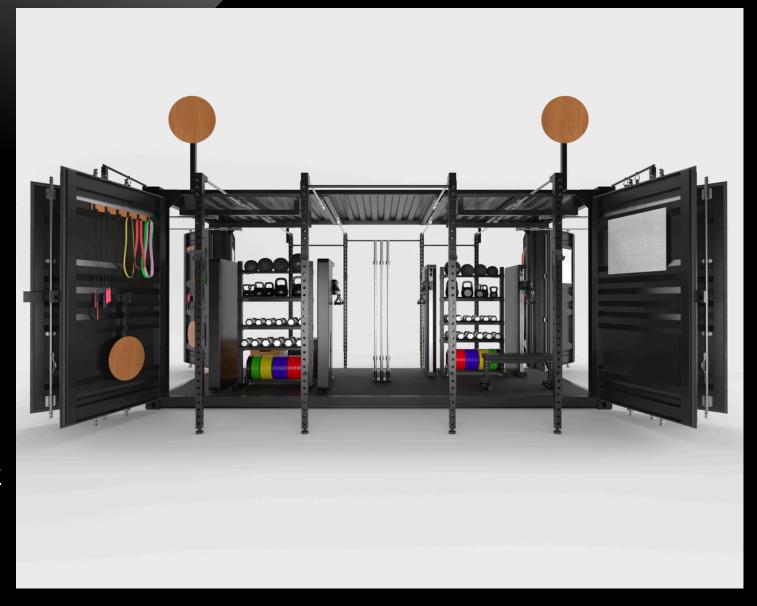
COMPANY PROFILE

"POWERED BY FORCES FITNESS"

Forces Fitness respectfully acknowledges the Traditional Custodians of the land on which we operate, and we pay our respects to Elders past, present, and emerging. We honor the rich traditions, cultures, and histories of all Aboriginal and Torres Strait Islander peoples and recognize their ongoing connection to the land, skies, and waters. As an Indigenous-owned company, we are committed to fostering respect, collaboration, and shared opportunities that uphold the values of community and cultural integrity.

EXECUTIVE SUMMARY

Forces Fitness, a 100% Indigenous-owned and Australian Made Certified company under the Forces Group Australia umbrella, delivers deployable gym, recovery, and storage infrastructure across Australia and the Pacific. We specialise in mobile solutions for Defence, emergency services, mining, and remote operations — with rapid-deployment containers engineered for performance in extreme conditions. Through our Indigenous-owned supply chain and partnership with Mob Box, every project delivers lasting wellbeing, operational readiness, and RAP-aligned impact.



Forces Group also operates a full-service Container **Modifications** Division, offering end-to-end design, engineering, and construction of **bespoke** containerised solutions — including accommodation units, site offices, training pods, and custom infrastructure. With **in-house** capabilities and strategic manufacturing partnerships, we deliver tailored turn-key units that meet specific site, climate, and operational requirements.





PRODUCT RANGE DEPLOYABLE INFRASTRUCTURE

Fit-for-Purpose. Built for the Field.

All systems are plug-and-play and designed for minimal site prep.

10FT GYM LOCKER - HALF UNIT

COMPACT TACTICAL TRAINING SOLUTION

- AUSTRALIAN MADE COMPACT DESIGN
- 2 X INTERNAL **SLIDE OUT RIGS** USING OUR PATENT PENDING INNOVATIVE DESIGN
- 2 X EXTERNAL QUICK-RELEASE RIGS
- 4 PULL UP BAR STATIONS
- INTERNAL STORAGE SOLUTIONS
- 360 DEGREE TRAINING UNIT
- DEPLOYS IN 1-2 HOURS
- OFF-GRID POWERBOX COMPATIBLE
- EASILY TRAIN UP TO 8 PEOPLE







10FT GYM LOCKER - FULL UNIT

COMPACT TACTICAL TRAINING SOLUTION

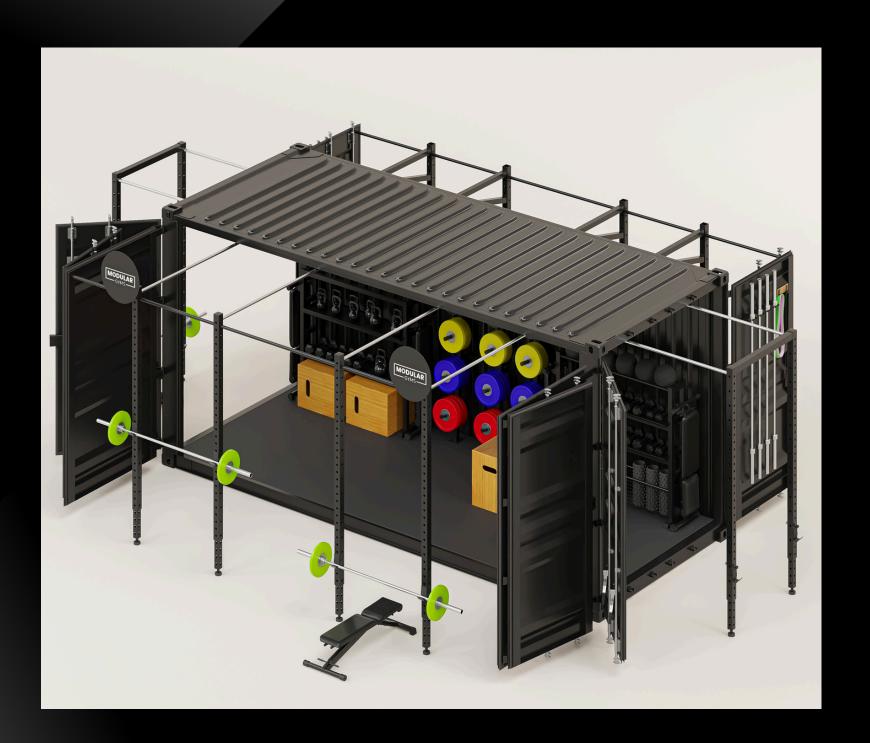
- AUSTRALIAN MADE COMPACT DESIGN
- 4 X INTERNAL **SLIDE OUT RIGS** USING OUR PATENT PENDING INNOVATIVE DESIGN
- 4 PULL UP BAR STATIONS
- INTERNAL STORAGE SOLUTIONS
- 360 DEGREE TRAINING UNIT
- OFF-GRID POWERBOX **COMPATIBLE**
- DEPLOYS IN 1-2 HOURS
- EASILY TRAIN UP TO 12 PEOPLE



20FT GYM LOCKER - HALF UNIT

MID-SIZED TACTICAL TRAINING SOLUTION

- AUSTRALIAN MADE COMPACT DESIGN
- 4 X INTERNAL **SLIDE OUT RIGS** USING OUR PATENT PENDING INNOVATIVE DESIGN
- 2 X EXTERNAL **QUICK-RELEASE** RIGS
- 8 PULL UP BAR STATIONS
- INTERNAL STORAGE SOLUTIONS
- 360 DEGREE TRAINING UNIT
- DEPLOYS IN 1-2 HOURS
- OFF-GRID POWERBOX COMPATIBLE
- QUICK-RELEASE ROOFING SYSTEM COMPATIBLE
- EASILY TRAIN UP TO 16 PEOPLE







20FT GYM LOCKER - FULL UNIT

LARGE GROUP TACTICAL TRAINING SOLUTION

- AUSTRALIAN MADE COMPACT DESIGN
- 6 X INTERNAL **SLIDE OUT RIGS** USING OUR PATENT PENDING INNOVATIVE DESIGN
- 8 PULL UP BAR STATIONS
- INTERNAL STORAGE SOLUTIONS
- 360 DEGREE TRAINING UNIT
- DEPLOYS IN 1-2 HOURS
- OFF-GRID POWERBOX **COMPATIBLE**
- QUICK-RELEASE ROOFING SYSTEM COMPATIBLE
- EASILY TRAIN UP TO **24 PEOPLE**



10FT & 20FT GYM STORAGE LOCKER

SECURE MODULAR STORAGE SOLUTIONS

- MODULAR DESIGN WITH YOUR CHOICE OF CONFIGURATIONS
- INTERNAL WALL AND FLOOR TIE DOWN POINTS
- **PURPOSE BUILT** STORAGE FOR EXCESS GYM EQUIPMENT
- OFF-GRID POWERBOX COMPATIBLE
- QUICK RELEASE ROOFING SYSTEM COMPATIBLE
- SINGLE OR DOUBLE ROLLER DOOR SETUP

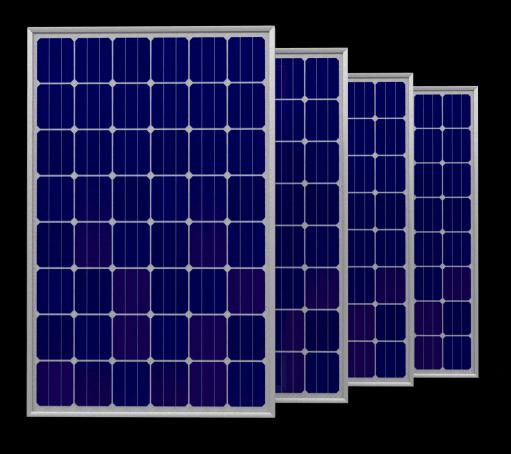




OPTIONAL PACKAGES







PREMIUM EQUIPMENT PACKAGES

FULL COMMERCIAL GYM-GRADE GEAR BUNDLES

COMPLETE ROOFING SOLUTIONS

QUICK-RELEASE SHADE SYSTEMS OR FIXED ROOFING ADD-ONS FOR EXTENDED TRAINING AREAS

OFF-GRID POWER SERIES

SOLAR PANELS, BATTERY
STORAGE, AND MONITORING
SYSTEM WITH PLUG-AND-PLAY
INSTALL



PRODUCT RANGE – CUSTOM CONTAINERISED SOLUTIONS

Built to Your Mission. Designed by Forces Group.

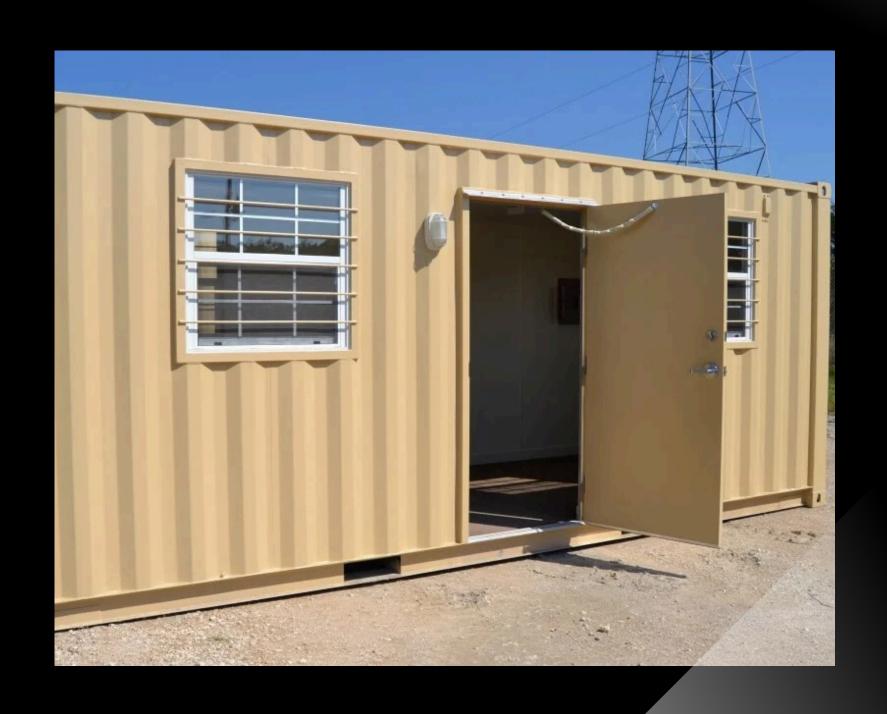
OUR IN-HOUSE ENGINEERING AND DESIGN TEAM WORKS CLOSELY WITH CLIENTS TO DELIVER FULLY CUSTOMISED CONTAINERISED SOLUTIONS FOR SPECIALISED USE CASES. WHETHER YOU REQUIRE TACTICAL INFRASTRUCTURE, TRAINING ENVIRONMENTS, OR REMOTE ACCOMMODATION, WE DELIVER PURPOSE-BUILT UNITS THAT MEET REGULATORY, ENVIRONMENTAL, AND OPERATIONAL STANDARDS.

DEPLOYABLE ACCOMMODATION UNITS

- 10FT / 20FT / 40FT SELF-CONTAINED LAYOUTS
- JACK & JILL EN-SUITES OR OPEN-PLAN FORMATS
- SPLIT-SYSTEM AIR CONDITIONING, INSULATION & SECURE WINDOWS
- OFF-GRID SOLAR-READY INTEGRATION
- BUILT TO MEET REMOTE WORKER, DEFENCE,
 OR PROJECT HOUSING NEEDS







SITE OFFICES & COMMAND POSTS

- FULLY WIRED, AIR-CONDITIONED MOBILE OFFICES
- WHITEBOARDS, DESKS, POWER OUTLETS & DATA CABLING
- IDEAL FOR MINING, EMERGENCY, AND CONSTRUCTION SITE USE
- OPTIONAL STORAGE, SHADE & OFF-GRID ADD-ONS



STORAGE & MULTI-PURPOSE UNITS

- CUSTOM LAYOUT OPTIONS FOR INTERNAL SHELVING, SECURE CAGES, AND GEAR RACKING
- CONFIGURABLE AS TOOL SHEDS, DRY GOODS CONTAINERS, OR TECH INFRASTRUCTURE
- CLASSROOM AND BRIEFING CONTAINERS
- FIRST AID OR TRIAGE STATIONS
- SECURE STORAGE UNITS WITH MODULAR SHELVING
- COMMUNICATION OR DATA CENTRE FIT-OUTS







TACTICAL TRAINING MODULES

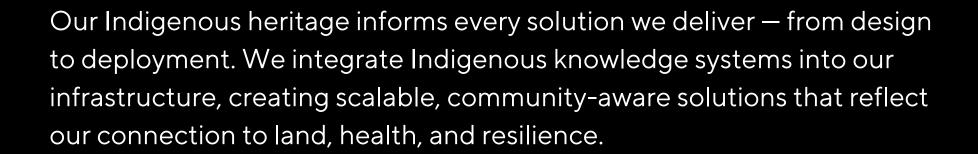
- ROOM-CLEARING & BREACHING CONTAINERS
- STACKABLE MOUT-STYLE STRUCTURES
- INDOOR/OUTDOOR COMBAT SIMULATION ROOMS
- OBSTACLE RIG AND CLIMBING CONTAINERS
- LIVE FIRE BURN ROOMS (HEAT-RATED)
- SEARCH AND RESCUE MAZE CONTAINERS
- HOSE DRILL OR HIGH-ANGLE RESCUE TOWERS
- SMOKE SIMULATION CHAMBERS





INDIGENOUS OWNERSHIP, IMPACT & PROCUREMENT ALIGNMENT

Forces Fitness is a proudly **100% Indigenous-owned** and Supply Nation certified business, built on a foundation of cultural integrity, performance, and purpose.



As a verified Indigenous business, Forces Fitness is eligible under the Australian Government's **Indigenous Procurement Policy (IPP)**. We help government agencies, Defence, and corporate clients meet their RAP and social procurement targets while delivering fit-for-purpose, mission-ready infrastructure.

We embed Indigenous employment, procurement, and **partnerships** at every level of our operations — ensuring every project creates meaningful cultural and economic impact.





WHAT WE Rapid Deployment OFFER Modular Design







Plug and Play Setup



Indigenous Procurement Pathways



Local Manufacturing Leadtimes



COMPLIANCE & CERTIFICATIONS

We operate within government procurement frameworks and uphold high standards of safety, quality, and cultural responsibility. **Our certifications and compliance include:**

• Supply Nation Certified — Eligible under Indigenous Procurement Policy (IPP)



• Australian Made Certified — Built locally with high-grade materials



• Indigenous Fabrication Partner - Mob Box Containers



WHS-Compliant Fabrication & Engineering





AusTender Registered







OUR TRUSTED CLIENTS & PARTNERS

"Forces Fitness proudly delivers to agencies and departments across Defence, law enforcement, and government."



AUSTRALIAN FEDERAL POLICE



ADF & PNG COOPERATION PROGRAM



DEPARTMENT OF DEFENCE



AUSTRALIAN DEFENCE FORCE



PAPUA NEW GUINEA DEFENCE



QUEENSLAND POLICE SERVICES

Australian Defence Forces

Emergency Services

Mining & Resources

Remote Indigenous Programs

Commercial Health & Wellness



"FOUNDER SPOTLIGHT"



Meet Our Founder – A Story of Strength, Culture & Innovation

Harrison Lee-Schell is the proud KaraJarri founder of Forces Fitness. Born and raised on Larrakia land in the Top End, Harrison's journey spans professional sport, elite coaching, firefighting, and innovation.

After competing at the international level in tennis and mentoring Indigenous youth through the **Evonne Goolagong Foundation**, he earned qualifications in human movement, sports science, and nutritional medicine — later opening a gym in Darwin to train young athletes holistically.

His experience as an **aviation rescue firefighter** gave him insight into the physical demands of frontline workers, inspiring him to develop Australia's first mobile strength-based gym trailer and deployable gym container — launching Forces Fitness to serve Defence, remote teams, and communities in need.

Today, Harrison leads a company that blends culture, performance, and purpose — proving that Indigenous innovation belongs at the forefront of infrastructure, wellness, and industry.

"Forces Fitness was born from experience — not just business."





GET IN TOUCH

Want to see how Forces Fitness can serve your team?

Request a quote, spec sheet, or book a consult today.



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