

AROMA
BLUE SHED
DISTILLERY

*Aromas of the Blue Mountains
Captured in a Bottle*



South Bowenfels, NSW

Blue Shed Aroma Distillery, your artisan micro distillery providing 100% pure essential oils, wild harvested and hand crafted from various flora, some of which are indigenous to the Upper Blue Mountains Region of NSW.

LAVENDER GROSSO - SOUTH BOWENFELS

(Lavandula Intermedia 'Trossa')

Aroma: Fresh, floral, woody, herbal scent

Benefits: Ranges from skin care to relaxation, sleep assistance and anti-bacterial use in cosmetics and household goods

Suggested uses: May be used in a bath for relaxation and added to Epsom salts for detoxification. Also can be used in dehumidifiers and placed on cotton balls hidden around the house for a surprise burst of lavender. Added to your favorite cleaners and detergents lavender oil does wonders and it is perfect for easing stress, calming the mind and relaxing the body.



TEA TREE - NEYNES PLATEAU

(Leptospermum Macrocarpum)

Aroma: A strong, fresh and naturally lemon-scented aroma indigenous to the Neynes Plateau

Benefits: Ranges from skin care to anti-bacterial, and in particular for the treatment of acne

Suggested uses: You may use Tea Tree oil as a skin softener and cleanser, e.g. placed on cotton balls, a natural pest control, mould cleaner or added to your foot bath.



DOUGLAS FIR - OBERON

(Pseudotsuga Muellerii)

Aroma: Woody, fresh, typical to cold climate forests of the Oberon region

Benefits: Eases respiratory; a great alternative to chemical aromas in cleaning products

Suggested uses: As respiratory support, may be applied over the throat and chest; facilitates deep breathing and meditation; cleanses, purifies and invigorates the chest. May be added to soaps or facial products.



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