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dma Clinical Pilates and Physiotherapy is a multi-faceted company, that has been providing cutting-edge treatment services, Clinical Pilates training and state-of-the-art equipment for over 25 years. As the creators of Clinical Pilates, we provide the ultimate expert knowledge and unsurpassed service and product quality, as only we can.

who we are & what we do

dma Clinical Pilates and Physiotherapy is a multi-faceted company, that has been providing cutting-edge treatment services, Clinical Pilates training and state-of-the-art equipment for over 25 years. As the creators of Clinical Pilates, we provide the ultimate expert knowledge and unsurpassed service and product quality, as only we can.

about our equipment

Designed by physiotherapists and manufactured in Melbourne, Australia, dma Clinical Pilates Equipment is built to the most stringent quality and safety standards.

Our state-of-the are range is made with superior materials and comes with a limited 2 year warranty.

our service

dma Clinical Pilates Equipment have qualified service staff and contractors to provide continued after sales support, service and repairs of all new and used equipment.

We can also assist in setting up equipment in your clinic, no matter how big or small. Whatever your needs, we can tailor a package to suit you.
From the creators of the original multi-adjustable reformer, today dma reformers continue to be recognised for their superior design and quality.

**Clinical Reformer**

CR0001

w 58cm / l 250cm / h 45cm / w 50kg

Limited 2 Year Warranty

Developed in Australia by physiotherapists, the dma Clinical Reformer is designed and manufactured to meet the most stringent demands of clinical use. This evolution of the traditional Pilates Reformer provides the safest, most versatile and ergonomic option currently available.

**Features:**
- Ergonomic and versatile adjustable shoulder rests
- Infinitely adjustable footbar
- Captive 3-position gear bar, for safer spring loading
- Strong tubular steel sleeve construction

**Benefits:**
- Sits high off the ground for safer more effective treatment
- Multi-adjustable spring settings
- Enables a tailored workout for patients without extra strain.

**Fitness Reformer**

FR0001

w 58cm / l 246cm / h 17.5cm / w 30kg

Limited 2 Year Warranty

The dma Fitness Reformer is the new standard in Pilates training. With design based on the acclaimed dma Clinical Reformer it is the safest, most versatile unit, ideal for personal or group class use. It is perfect for those wanting to provide a variety of treatment options but who are more limited for space.

**Features:**
- Ergonomic and versatile adjustable shoulder rests
- Infinitely adjustable footbar
- Captive 3-position gear bar, for safer spring loading
- Strong tubular steel sleeve construction
- Optional stackable feet, for easy storage

**Benefits:**
- Easy to store, perfect for those with limited space
- Multi-adjustable spring settings
- Enables a tailored workout for patients without extra strain.
The newest addition to the dma Clinical Pilates reformer range, the Portable Reformer provides an easy, efficient and cost effective way to further invest in the growth of your practice, whilst improving your patient’s long term well-being.

Features:
- Compact and lightweight
- Perfectly designed to be sold by clinics, to their patients
- Ergonomic and versatile adjustable shoulder rests
- Strong tubular steel sleeve construction

Benefits:
- Easy to use, easy to store
- Enables more efficient and effective treatment regime compliance
- Perfect for long term pain management
- Ideal for adding another income stream to your clinic

Talk to us today about how the dma Portable Reformer can help your patients and your practice, be the best they can be.

Easy to Teach  Easy to Store  Easy to Sell
## reformer accessories

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Model/Code</th>
<th>Dimensions/Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Jump Board</strong></td>
<td>Fitted to both the Clinical Reformer and Fitness Reformer, the Jump Board allows for balance, standing and plyometrics work to be performed. The large non-slip surface provides stability and minimises hazards.</td>
<td>JB</td>
<td>L 59cm w 50cm weight 4kg</td>
</tr>
<tr>
<td><strong>105 Standard Spring</strong></td>
<td>105 Standard Silver Spring. Suitable for the Clinical Reformer and Fitness Reformer.</td>
<td>MN4803</td>
<td>L 37.5cm</td>
</tr>
<tr>
<td><strong>106 Extra Light Spring</strong></td>
<td>106 Extra Light Silver Spring, with gold tip. Suitable for the Clinical Reformer and Fitness Reformer.</td>
<td>MN4840</td>
<td></td>
</tr>
<tr>
<td><strong>Extension Legs – FR</strong></td>
<td>Fitness Reformer extension legs are designed to increase the height of your reformer. They slide into the base of the reformer frame and are finished in the same coating as the reformer bed.</td>
<td>FR150EXT</td>
<td></td>
</tr>
<tr>
<td><strong>Pulley Blocks – CR</strong></td>
<td>Pulley Blocks for Clinical Reformer. Set of two.</td>
<td>RF41140</td>
<td></td>
</tr>
<tr>
<td><strong>Footbar – CR</strong></td>
<td>The Footbar attaches to the Clinical Reformer allowing standing and balance work to be completed.</td>
<td>CPFB</td>
<td></td>
</tr>
<tr>
<td><strong>Reformer Box</strong></td>
<td>Used for shoulder girdle work on the reformer. The sturdy steel frame combined with comfortable upholstery make it durable and strong.</td>
<td>RB</td>
<td>L 64cm w 40cm h 52cm w 5kg</td>
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<tr>
<td>Item</td>
<td>Description</td>
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<tr>
<td>reformer ropes</td>
<td>Woven black rope with nylon ankle straps, secured with D ring.</td>
<td></td>
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</tr>
<tr>
<td>rubber bumpers - CR</td>
<td>Small Rubber Bumpers to stop footbar from hitting the frame.</td>
<td></td>
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</tr>
<tr>
<td>rubber stopper - CR</td>
<td>Rubber Stoppers prevent carriage from hitting the frame.</td>
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</tr>
<tr>
<td>shoulder pads</td>
<td>Black foam Shoulder Pads suitable for the Clinical Reformer and Fitness Reformer. Sold in a set.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>reformer tracks</td>
<td>A set of 2 tracks for your Clinical Reformer or Fitness Reformer, to ensure smooth movement when using your Reformer.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>carriage wheels</td>
<td>Set of four 80mm Wheels for Reformer.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>balance pole</td>
<td>Steel Balance Pole that assists in providing extra balance when performing standing work.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>portable reformer footplate</td>
<td>The footplate attaches to the end of the portable reformer and allows standing and balance work to be completed.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>portable reformer travelcase</td>
<td>Designed to protect and secure your portable reformer during transit. The case wraps around the reformer and is incredibly strong and lightweight.</td>
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</tr>
</tbody>
</table>
dma Clinical Pilates Trapeze Tables have been specially designed with a greater width than that of standard Trapeze Tables, making them safer and more versatile.

**full size trapeze table**

FTT0001  
w 90cm / l 210cm / h 210cm  
Limited 2 Year Warranty

The Full Size Trapeze Table provides you with a stable and durable piece of equipment that can accommodate a greater range of exercises, safely. The Wunda Chair Bar is attached to the Trapeze Table base, allowing many of the Chair exercises to be performed without the need for an extra piece of apparatus.

**Features:**
- Wunda Chair Bar
- A range of springs included
- Superior steel construction
- Extensive range of accessories available

Check our website for a full list of included accessories.

**medium trapeze table**

MTT0001  
w 90cm / l 160cm / h 210cm  
Limited 2 Year Warranty

The Medium Trapeze Table is 50cm shorter in length than that of the full size Trapeze Table, providing flexibility for those with less available workspace.

**Features:**
- Wunda Chair Bar
- Shorter in length with all the features of a full size Trap Table
- Includes a range of springs as standard
- Superior steel construction
- Extensive range of accessories available

**Benefits:**
- Perfect length for those with limited space
- Very versatile
- Ergonomic and safe
- Easy to assemble

Check our website for a full list of included accessories.
The Compact Trapeze Table accommodates the majority of Trapeze Table work and includes a lower swing bar as standard, saving further on space & cost. The folding extension table comes standard and increases the length of the base plinth to 150cm.

**Features:**
- Shorter length
- Extension Table that can be folded down when not required.
- Lower Swing bar as standard
- A range of springs included
- Superior steel construction

**Benefits:**
- Provides maximum flexibility and versatility
- Perfect space saving solution
- Extension table provides multiple configurations

Check our website for a full list of included accessories.
<table>
<thead>
<tr>
<th>Product Code</th>
<th>Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>MN4836</td>
<td>101 long gold spring</td>
<td>Long Gold Spring suitable for use on the Upper Swing Bar of the Trapeze Table.</td>
</tr>
<tr>
<td>MN4857</td>
<td>103 gold heavy spring</td>
<td>Gold Heavy Spring Suitable for use on the Upper Swing Bar of the Trapeze Table.</td>
</tr>
<tr>
<td>MN4858</td>
<td>104 extra heavy spring</td>
<td>Black Extra Heavy Spring Suitable for use on the Lower Swing Bar of the Trapeze Table.</td>
</tr>
<tr>
<td>MN4838</td>
<td>102 long silver spring</td>
<td>Long Silver Spring Suitable for use on the Upper Swing Bar of the Trapeze Table.</td>
</tr>
<tr>
<td>MN4837</td>
<td>105 short silver spring</td>
<td>Standard Silver Spring suitable for use on the Upper Swing Bar of the Trapeze Table.</td>
</tr>
<tr>
<td>MN4839</td>
<td>wheels</td>
<td>Set of four 80mm Wheels for Trapeze Table.</td>
</tr>
</tbody>
</table>
### ankle & loop strap

**LOOP**  
An all-purpose strap for advanced exercises that supports your hands or ankles whilst performing advanced prescribed exercises.

### lower swing bar

**LSB / l 76cm w 56cm**  
Chrome finish with durable black grip, the Lower Swing Bar can purchased to provide your existing Trapeze Table with an extra work station.

### pull down bar

**PDB**  
The Pull Down Bar is compatible with our all Trapeze Tables in the dma range. It is covered in a soft and durable black rubber, which is connected to a 102 Long Silver Spring.

### split lower swing bar

**SLSB / 1 76cm w 56cm**  
Chrome finish with durable black grip, the Split Lower Swing Bar allows single leg work to be completed. Each side of the bar has spring loaded capability so the bar can be used as a Full Swing Bar or as a Split Swing Bar.

### tt strap with D ring

**LOOP**  
The Trapeze Table Strap with D Ring attaches to Long Silver or Long Gold Springs, to assist in performing exercises where you need to support your feet, such as long spring flutters and bicycle exercises.

### upper swing bar

**USB / l 76cm w 56cm**  
Chrome finish with durable black grip, the Upper Swing Bar can purchased to provide your existing Trapeze Table with an extra work station.

### safety chain

**CHAM5**  
A long chain that is used for client safety when accompanied with Long Silver or Long Gold Springs, for exercises such as standing shoulder press and supine leg press, on the Trapeze Table.
**studio accessories**
Complete your clinic and accessorise!

<table>
<thead>
<tr>
<th>Item</th>
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<th>Description</th>
</tr>
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<tbody>
<tr>
<td><strong>balance pad</strong></td>
<td>RTYASBAL5P</td>
<td>The Balance Pad supports the body in sitting postures, whilst also providing extra support when standing and performing Clinical Pilates equipment exercises.</td>
</tr>
<tr>
<td><strong>deluxe foam wedge</strong></td>
<td>DFW l 31cm w 46cm h 19cm-6cm</td>
<td>Made from high quality multi-density foam layers, the Deluxe Foam Wedge has a removable upholstered cover and a grip mat base, to reduce movement during use.</td>
</tr>
<tr>
<td><strong>grip mat</strong></td>
<td>PLACEITBLACK</td>
<td>The Grip Mat prevents slipping whilst performing Clinical Pilates exercises on our range of Reformers and Trapeze Tables.</td>
</tr>
<tr>
<td><strong>grip socks</strong></td>
<td>S2-8 or S6-11</td>
<td>Available in Size 2-8 &amp; Size 6-11 Unisex, non-slip socks that assist with balance, control and gripping of equipment, floor surfaces and mats, whilst doing Clinical Pilates exercises.</td>
</tr>
<tr>
<td><strong>thoracic barrel</strong></td>
<td>TB</td>
<td>Ideal for thoracic, lumbar extension and lateral mobility work. It’s large and stepped curves make it perfect for use in a wide range of exercises.</td>
</tr>
<tr>
<td><strong>wobble board</strong></td>
<td>WB</td>
<td>Ideal for training and assessment of balance and proprioception, this board offers more progressive &amp; smoother transition than traditional balance boards.</td>
</tr>
<tr>
<td><strong>stool</strong></td>
<td>Stool l 38cm w 33cm h 33cm Weight 5kg</td>
<td>Treat your patients more comfortably with the dma small stool. Manufactured from strong, lightweight steel.</td>
</tr>
<tr>
<td><strong>accessory rack</strong></td>
<td>AR l 100cm w 50 h 110cm weight 10kg</td>
<td>The perfect storage solution, keeping all your accessories in one place! Made from strong, lightweight steel, this rack can be folded down for easy storage. Great for holding your springs, therabands, balance pads, magic circles etc.</td>
</tr>
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personalised exercise programme cd’s

LVL 1-CDPP1 / LVL 2-CDPP2 / LVL3-CDPP3 / LVL4 -CDPP4

Refresh and better utilise your dma Clinical Pilates training with the assistance of these Personalised Exercise Programme cd’s.

The Level 1 cd, gives you video tutorials on each Matwork & Reformer exercise that was covered in the Level 1 course. Also included is an overview of the full dma Clinical Pilates Education programme that we offer to Physiotherapists, Osteopaths and Chiropractors, as well as details about the dma range of Clinical Pilates Equipment.

Create tailored worksheets and labels for your patients for both supervised and unsupervised Clinical Pilates Sessions, with our Level 2 through to Level 4 cd’s. You are able to save your worksheets, as well as print both the worksheets and labels off for your clinic.
equipment order form

First Name

Last Name

Clinic

Clinic Manager

Address

Suburb

State P/code

Phone

Fax

Email

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Product</th>
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Speak to us about finance options

Method of payment

☐ EFT
Account Name: Clinical Pilates
BSB: 083-153 Account Number: 64 709 1505

☐ Cheque
Make payable to Clinical Pilates Equipment
(Overseas please include AUD $25.00 Bank Fee)

☐ Credit Card
☐ Visa
☐ Mastercard

We will be in touch shortly to give you a quote which includes shipping, so we can process your order.

Please photocopy this form and complete all the details above and fax to +61 3 9827 4944 or email to equipmentsales@clinicalpilates.com.

You will receive an email shortly confirming your order. We will then be in touch to process your order.

Thank you for ordering your Clinical Pilates Equipment with dma Clinical Pilates.
Returns policy
Dma Clinical Pilates is committed to customer satisfaction and encourages customer feedback.

1. Refunding Dma Clinical Pilates Replacement Parts - includes ropes, springs, wheels and handles, exercise posters, extension legs and deluxe foam wedges.

- You may return any of the above items within 30 days of receipt of your order, for a full refund, exclusive of shipping, provided they are in original condition.
- Grip Socks and Grip Mats may only be returned for a full refund, exclusive of shipping, provided they are in their original unopened condition.
- A defective product may be returned and replaced with the same item.
  Please email us at equipmentsales@clinicalpilates.com advising us of the problem before you return the goods.
- If the return is not due to a manufacturing defect, the returning party is responsible for the return packing and shipping.
- We do not offer refunds on our multimedia products due to the nature of the product and the ability customers have to downloading the products contents.

2. Refunding Of Large Items – Includes dma clinical reformer, fitness reformer, trapeze tables, wobble board, thoracic barrel, jump board and reformer box.

- dma Clinical Pilates does not accept returns or refunds on any of the large equipment listed above, unless they are defective in some way.
- If your product or any components are defective, as per the product warranty, it will be replaced free of charge.

Shipping Policy
Shipping costs are calculated on the dimensions and weight of your order, as well as delivery location.

1. Small Items
Within Australia, small items will be delivered via courier or post and should arrive within 1-7 days, depending on location, unless otherwise advised upon ordering. For orders outside of Australia, delivery will be via Air Mail and should arrive 7-14 days, unless otherwise advised upon ordering.

2. Large Items
Within Australia, large equipment orders will be shipped via a national freight company. Most deliveries will be ready for dispatch within 1-4 weeks, unless otherwise discussed. dma will attempt to advise you of a day for delivery, as advised by the freight company. You or a representative should be available for a 4 hour window to accept delivery of the order. Depending on the type of delivery you selected you can expect to find the following service.

  Curbside- Items will arrive via truck to your curb; you will be responsible for uncrating your equipment, bringing it inside, setting it up and disposing of your packaging.

  Inside- Items will be unloaded by two men and taken inside your delivery location. You will be responsible for uncrating your equipment, setting it up and disposing of your packaging.

  Please note- if you are not present to receive the dispatched order as arranged, you will need to bear the cost of the freight’s redelivery.

Equipment orders delivered outside of Australia will be organised via Toll International. Our standard shipping method is ocean freight to the nearest port. Delivery times vary depending on destination. Import duties and taxes levied when your shipment reaches your country will be your responsibility and are not included in your invoiced amount from dma. Customs will contact you, as the importer, once your equipment arrives in your country to arrange payment and delivery. dma will endeavour to track your delivery and advise on estimated time of arrival into your country. As customs policies vary widely from country to country, we recommend that you contact your local customs office for further information.

Warranty
A warranty note is provided with each equipment order and is sent to you with your invoice. To obtain a replacement warranty note for your equipment please contact dma on +61 3 9338 8100 or email equipmentsales@clinicalpilates.com